



Tips on how to look after your Keratin at home

Congratulations on your new Keratin from Freedom Hair Artistry!

1. Wait Before Washing: Hold off on shampooing your hair for 48 hours after your keratin treatment
2. Use Quality Products: Stick to the recommended hair care products to maintain your keratin.
3. Minimize Moisture Exposure: If your hair gets wet within the first 48 hours, blow dry and straighten it immediately.
4. Avoid Tight Hairstyles: Skip tight hairstyles for the first 48 hours to prevent creasing in your hair.
5. Minimise heat styling: Keratin treatments make hair smoother, so you will find you need less heat styling. If you do style with heat, use a heat protectant spray.
6. Avoid Chlorine and Saltwater: Protect your Keratin by avoiding chlorine and saltwater; if swimming, consider a swim cap.
7. Hydrate with Conditioning Treatments: Keep your hair moisturized with weekly deep conditioning masks.
8. Regular Trims: Trimming your hair regularly maintains its health and removes split ends.
9. Wash Less Frequently: Extend the time between washes; focus shampoo on the scalp, and use dry shampoo in between.
10. Coconut oil is not recommended before or after having a Keratin service.

Have a great day!

For more personalized advice or to book your next colour maintenance appointment, contact us at:
Freedom Hair Artistry

Phone: 87982624

Facebook: @Freedom Hair Artistry Instagram: @freedom.hair.artistry

This is a general guide. Individual hair types and conditions may vary. For the best results and tailored advice, consult with your stylist at Freedom Hair Artistry